

MGM CLINICS:

Musical healing

IT MAY COME AS A SURPRISE TO VISIT THE Chiropractor and be serenaded, but when the Clinic Director is also an accomplished and one time professional musician then the power of music to heal is only one of the tools at Miguel Gutierrez Martinez's disposal.

A growing body of research attests that music therapy can improve medical outcomes and quality of life- as can a good hug! Being met with positivity and a smile seems to be the default state of the friendly team at MGM Clinics in Harlow who provide a range of therapies including Physiotherapy and Chiropractic.

The other Harlow based group that understand the benefits of positivity is Harlow Rock School- a youth music project established to support, motivate and empower young people through music

related and personal development activities. When Marketing Consultant Fiona Sinnott who works with the clinic, (herself an ex-West End leading lady,) read that two of the students had won Jack Petchey Foundation student achievement awards she used her West End connections to arrange a very special reward on behalf of the clinic.

Drummer Sam and guitarist Aaron were invited to join the band of the Lion King at the Lyceum Theatre in London, to shadow its drummer Dave Adams and guitarist Paul Dunne- a privilege only usually afforded to professional musicians.

"We wanted to say well done, to give something back and to acknowledge the fantastic work being done within the Harlow community" said Fiona, "and knowing the important role music has played in our boss's life, we knew that Miguel would approve!"



The reviews which MGM Clinics have received attest to this positive attitude, that leaves their clients feeling supported and cared for well beyond the purely physical treatments their skilled team perform. Clients speak about "feeling like one of the family", or sometimes the lengths the staff will go to support them- from staying late to accommodate an emergency appointment to even driving them home!

"You have to give of yourself with generosity and an open heart" says Miguel. "It's very easy as a business to become focussed only on yourself but Harlow seems to have cornered the market in genuine community spirit. Harlow gave me a home when I came to this country with nothing and barely able to speak English. For us to give the gift of music and celebrate the next generation of Harlow talent is a huge pleasure for our whole team."

www.mgm-clinics.co.uk



Sam and Aaron pictured with drummer, Dave Adams

